

## Be Kind, Pass it ON!

Open your heart and your eyes  
Pass it on, let's be kind  
We are young heroes and we are not alone  
Join us, together we can pass it on

### [Chorus]

Let's Be kind  
Pass it on!  
You have a smile  
Pass it on!  
Feeling good?  
Pass it on!  
You got some time?  
Pass it on!  
<repeat>

We tell those around us, we care  
Our parents, grandparents and friends  
Say thank you, it's nice  
To the postman, your doctor  
and those that are here for you  
We appreciate the things you do  
Ooohhhhh Ooohhhhh Ooohhhhh Ooohhhhh

One day you're down  
Someone helps you up  
Another day you're strong  
you lift somebody else up  
<repeat>

### [Chorus] Let's be kind...

Animals need us, they do  
Bring a cat or a dog from a shelter  
And they'll love you for life  
A best friend for life  
The earth is our home  
Recycle. Keep it clean  
It costs nothing to be kind  
But it's so precious when you are

If you see someone sad, pass on a smile  
If you see someone tired, give them your seat  
Help them carry the weight

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Join us, together we can pass it on  
Pass it on! Helen Doron! <4x>  
We are young heroes and we are not alone  
Join us, together we can pass it on

One day you're down  
Someone helps you up  
Another day you're strong  
you lift somebody else up  
<repeat>

### [Chorus] Let's be kind...

